



Additional Resources for the Family Tree Programme

Scroll down for visual, prayer, film clip and songs. Online links to film clips and videos of Songs are provided

IN THIS FAMILY
 WE DO REAL
 WE DO MISTAKES
 WE DO I'M SORRY
 WE DO SECOND CHANCES
 WE DO FUN
 WE DO HUGS
 WE DO FORGIVENESS
 WE DO RESPECT
 WE DO KINDNESS
 WE DO LOVE

F Form a strong bond with all your family
A Always remember they may be in a different place
M Make times together fun and memorable
I Ignore the petty differences
L Love them while you can - life can be short
Y You can be the glue that keeps them together

Dan Mount



GYA today.com

*I think that I shall never see
 A poem lovely as a tree.
 A tree whose hungry mouth is prest
 Against the sweet earth's flowing breast;
 A tree that looks at God all day,
 And lifts her leafy arms to pray;
 A tree that may in summer wear
 A nest of robins in her hair;
 Upon whose bosom snow has lain;
 Who intimately lives with rain.
 Poems are made by fools like me,
 But only God can make a tree.*

TREES by Joyce Kilmer



FAMILY RULES

Help Each Other



Be Thankful

KNOW YOU ARE LOVED

Pay with Hugs and Kisses



Try New Things

Be Happy

Show Compassion

Be Grateful



DREAM BIG

respect one another

Laugh Out Loud

get more quotes at THEAILYQUOTES.COM

THIS FAMILY
 Laughs & Learns
 Prays & Protects
 Apologizes & Appreciates
 Dreams & Discovers
 Fights & Forgives
 Teases & Trusts
 Gives & Grows
 Believes & Belongs
 Loves & Lasts
 FOREVER

Family
 recipe

3 cups of forgiveness

1 gallon of friendship

a pinch of hope

a spoonful of laughter

oodles of Love

mix, blend, repeat - serve everyone

Rooted in Love

“This is my commandment, that you love one another as I have loved you.” – John 15:12

“My humanity is caught up, is inextricably bound up, in yours.’ We belong in a bundle of life. We say, ‘A person is a person through other persons.’ It is not, ‘I think therefore I am.’ It says rather: ‘I am human because I belong. I participate, I share.’ A person with ubuntu is open and available to others, affirming of others, does not feel threatened that others are able and good, for he or she has a proper self-assurance that comes from knowing that he or she belongs in a greater whole and is diminished when others are humiliated or diminished, when others are tortured or oppressed, or treated as if they were less than who they are.” – Desmond Tutu

FAMILY

*It's knowing where your roots are
That sometimes gives you wings.
It's knowing there's a place to go
To escape the awful things.*

*It's knowing there will always be
At least one person on your side.
Who'll listen to your problems
And go along with you for the ride.*

*It's comfort and it's heartache
It's pride and disappointment too.
It's holding on and letting go
Cherishing old and accepting new.*

*It's waiting for the next little one
To come and steal your heart.
And wondering how being called
“Grandma”
Is such a warm and fuzzy start.*

*It's watching time go racing by
Days, then weeks, then years
It's missing those who go too soon
To mix your laughter with your tears.*

*It's remembering and forgetting
Loving and arguing too.
It was God's plan from the start
And it's still holding true.*

*So hold each day like precious crystal
That might break if you let go.
For roots and wings are compatible
things
Make sure your children know.*

Faye Cook

Family Prayer

God be with our family,
From the youngest to the oldest,
Lighting up our relationships,
Sowing grace into our troubles.

God be with our family,
Weaving love into our work,
Our rest, and our play.

Amen.

www.lords-prayer-words.com



You don't choose your family.
They are God's gift to you, as you
are to them.

Desmond Tutu



Family
like branches on a tree
we all grow in different directions,
but our roots remain as one.

Prayer Resources:

Prayer of blessing

May this family be protected from harm, misfortune or sadness

May we enjoy the privilege of spending time together

To share joy, celebrate happy occasions and to be close to each other when there is need for comfort or support

May we be blessed with good health and trust in God's love for each one of us.

Amen

(Author unknown)

Prayer of Protection

The Light of God surround us
The Love of God enfold us
The Power of God protect us
The Presence of God watch over us
The Mind of God guide us
The Life of God flow through us
The Power of God reside in us
The Joy of God uplift us
The Strength of God renew us
The Beauty of God inspire us
Wherever we are, God is.

(Written by James Freeman for all the soldiers in World War II)

Family Prayer

We thank you Lord for all you give;
The food we eat, the lives we live.
And to our loved ones far away
Please send your blessings Lord today.
Help us all to live our days
With thankful hearts and loving ways. (Author unknown)

Parting Prayer

We leave our family in your hands God
We pray for wonderful blessings
May everyone feel your presence, your strength and your love. (Author unknown)

Electronic Resources

SMA Thumbprint Campaign film clip <https://www.youtube.com/watch?v=1PZAlbSjAfc>
(Session 4)

CAFOD *Laudato Si'* film clip <https://www.youtube.com/watch?v=o3Lz7dmn1eM>
(Session 4)

The Tree Song <https://youtu.be/D7dKRBZVLvl> (Session 1)

Why Trees are Important https://youtu.be/z_KMN8532co (Session 3)

Dear Future Generations: Sorry <https://www.youtube.com/watch?v=eRLJscAlk1M>
(Sessions 3&4)

Songs

Hozier – Better Love <https://www.youtube.com/watch?v=Wm4CrOfbHMI>

Paloma Faith - The Architect <https://www.youtube.com/watch?v=UzscFKtLQvw>

Imagine Dragons – Radioactive <https://www.youtube.com/watch?v=ktvTqknDobU>

Radiohead – Fake Plastic Trees <https://www.youtube.com/watch?v=n5h0gHwNrHk>

Michael Jackson – Earth Song <https://www.youtube.com/watch?v=XAi3VTSdTxU>