



Cois Tíne

Annual Report 2011



**“For I was a Stranger
And
you made me Welcome.”**

Matt 25

INTRODUCTION: During 2011 Cois Tine continued the policy of focusing almost solely on its original vision of providing support for African Immigrants. Our work focused on the consolidation of existing services and on activities directly benefitting our client group. To this end greater attention was given to one-to-one pastoral support at our premises in Popes Quay. As in the past training delivery also continued to be a major part of our work and we are particularly pleased with the developments that took place in this area during the year.



Our work continues to focus more on those who have been granted residency rights of one form or another and less on those in the Asylum/Direct Accommodation system although it must be said the needs of the former continue to be more acute. Integration or more specifically developing the skills and knowledge for integration is a developing focus in our pastoral response. This will be reflected throughout this report.

FACTS AND FIGURES

1,250 applications for asylum in Ireland were made during 2011. This figure shows the continuation of the annual downward trend evident since 2002 when asylum applications peaked at 11,600. At the end of 2011 there were approximately 5,400 persons accommodated in Direct Provision Centres in the State. While many accommodation centres have been shut down in response to declining asylum applications, all those in the Cork region have remained open and are full to capacity.

In 2011 decisions were made on sixteen thousand citizenship applications more than double the previous year. As a result many of those supported by Cois Tine finally received their Irish Passports. In spite of this good news most are unemployed, live in sub-standard housing and are dependent on state benefits. The perennial problems associated with Direct Provision continue, i.e. the stress and depression associated with forced idleness, insecure residency status and living in the constant fear of deportation. In some cases suffering is compounded by complex health and social care needs and mental-health issues.

A total of just under 8,000 people visited Cois Tine to avail of the services we provide. This is slightly down on the previous year but nevertheless is a clear indication that a facility for our largely African Immigrant clientele is still needed. Outside of our premises Cois Tine staff and volunteers also participated in meetings, events, home and hospital visitation during which our Christian ethos was evident and pastoral support provided.

In 2012 the government plans both to “progress” the Immigration, Residence and Protection Bill 2010 and to “develop a comprehensive policy approach to family reunification or settlement.” The government also plans to introduce an English language/civics test for naturalisation applicants. How each of these works out in practice remains to be seen. What is certain however is that each will impact on Cois Tine’s client group and no doubt demand a supportive pastoral response.

Cois Tine's Pastoral Work and Care

During 2011 Cois Tine engaged in a range of pastoral responses. As in past reports we classify these under the headings of Social, Psychological and Spiritual. Each will be outlined below and areas of particular concern will be explained in greater detail.

Social

- **Drop-in Centre:** This remains at the heart of Cois Tine's work. Our premises at Popes Quay are a place of welcome where people can feel they belong as they go through the asylum process or engage in the process of integration.
- **Advocacy:** On behalf of individuals - help in dealing with officialdom, agencies etc.
- **Drumming Circle:** With a multicultural membership.
- **Events/Parties/Trips:** In all thirty two such events took place as well as 27 Community Building Lunches - *see Appendix 1.*
- **One-to-one Contact:** This took place on many levels – through ordinary social intercourse, befriending, providing information and advice and on to formal counselling and therapy.
- **Provision of Rooms:** Twenty one groups used Cois Tine's premises for meetings and activities during 2011. *These groups are listed in Appendix 2.*
- **Supporting organisational development:** This now mainly takes place through the provision of premises as described above with less involvement in facilitation or training for group development. Some capacity building training and support was provided during 2011 but now as fewer new groups are being established this need no longer exists. Groups were provided with administrative support and also helped with the design and printing of publicity materials such as Logos and Leaflets.
- **Computer/Internet Facilities:** These continue to be maintained and are very popular with our client group.
- **Training Courses:** Training provision was a major activity during 2011. In all 18 courses were run during the year. Attention is given to specific training programmes below. *A full list of all courses is available in appendix 3.*
- **Networking and promoting inclusion:** In line with our wish to "consolidate," participation in this area was limited to involvement that was either important for the inclusion of immigrants in the long term or directly beneficial to our clients.

Involvement in all of the above had the common aim of supporting African Immigrants in their encounter with Irish society no matter which stage of the asylum/integration process they are at.

SPECIFIC SOCIAL AREAS

In the paragraphs below we comment on specific elements of our Social Pastoral Response during the past year.

In all twenty-one social events consisting of Day-trips, etc. took place in 2011 (*see appendix 1*). In running these costs were kept to a minimum and indeed some had no financial cost as all. The more expensive Day-trips we undertook in past years were avoided due to the financial constraints of the present time. In addition 27 Community Building Lunches were provided. These provided the opportunity for clients to share ethnic foods, cooking skills, to

cultivate connections and to break down social, cultural and gender barriers. These meals were provided on a shoestring budget and cooked by staff and volunteers.

In 2011 Cois Tine invested a considerable amount of time, energy and funds in the provision of training. Of the eighteen courses provided three were new innovative and in our view very worthwhile. These were longer and more substantial than most courses provided in the past and aimed at providing our clients, staff, service providers and members of the general public with skills and knowledge for integration.

Social Policy Course: This course consisting of four one day training sessions looked at Social Policy, how it affects our everyday lives and how it informs many parts of modern society. In all 15 people of various nationalities participated.

Day 1 explored how society is constructed, what is socially acceptable and norms associated with Gender, Race and Citizenship.

Day 2 examined what Social Policy actually is and also focused on policy gaps and on why these occur e.g. changing demographics, migration etc. This led to the discussion of Power and Diversity.

Day 3 focused on Health, Well Being and Care – three elements at the core of the traditional understanding of Welfare and how it is perceived by the general public

Day 4 concluded the course by analyzing the relationship between the State and the individual, who is who is included in the State and who is not, and why they are excluded. The course ended with participants considering what they consider would be positive policies for a modern all inclusive Irish society fit for the 21st century.

Intercultural Training Programme: This consisted of nine weekly sessions each lasting three hours. Each covered a specific topic relevant to Ireland's now multicultural make-up. The programme was designed to support service providers and those interested in working with immigrants by building their capacity to understand, communicate and engage with people from another culture. By increasing understanding and awareness the programme aimed to create an enhanced inter-cultural sensitivity that would enable improved service provision benefiting the organisations concerned, the individuals delivering the service and also the immigrant service users.

Practically all sessions were fully booked to capacity (i.e. 21 people per session). Participants could attend one or all sessions depending on which was most relevant to their work. In all thirty three individuals attended sessions. Participants came from organisations such as the Health Services Executive, Cork City Council, YMCA, Mna Fasa, NASC, Ogra Chorchi, Ethical Development Action and the Cork Counselling Centre. In addition students from the UCC Migration and Diaspora Studies MA programme also participated – for the most part these attended all sessions. This programme was very well received and due to demand we intend to repeat it in the 2012. *See appendix 4 for a full list of topics, facilitators and a short overview of the topic concerned.*

Building Identity in a Multicultural Society: Of all the programmes during the year this was the most innovative, exciting and successful. It took place during August and September 2011 and culminated with the presentation of Certificates to twenty participants on the 12th of September (see photo on the cover of this report). Nine women and eleven men from Ireland, Nigeria, Cameroon, Sudan, Ethiopia, Eritrea, Germany, Morocco, Somalia and Iraq participated. The focus of the programme was on; Self Awareness, Awareness of other

Cultures, Appreciation of Difference (e.g. gender, culture, age), Effective Communication, Developing Ideas, Leadership and “Being/working” in Groups. As the programme name suggests the aim of the course was to help participants look at issues such as differing cultural values and norms in order to comprehend how these can or cannot fit into living in Ireland today.

Over a period of four training days and three half-day workshops participants explored and analyzed their own attitudes towards gender norms, gender based violence and the participation of women in leadership roles. The mixture of men and women allowed work with both sides of gender inequality, i.e. it allowed men and women to engage in collective and challenging interaction around gender norms and roles in the light of input regarding legal and societal expectations in Ireland.

While this programme was expensive to run it succeeded beyond our expectations. Resources permitting we intend to develop and repeat it in coming years. We have also begun the process of seeking accreditation so that it will help participants not only on the level of personal development but also be a recognised step in their academic development.

Psychological

COUNSELLING AND ALTERNATIVE THERAPIES

In 2011 Cois Tine continued to provide specialist services to address the psychological impact and sometimes trauma suffered by immigrants before, during and as a result of the migration process. Three qualified counsellors provided 157 counselling sessions. In addition 57 massage sessions were provided to those who, for one reason or another, could not engage in the counselling process. All were provided free of charge.

Seven Medico-Legal Reports were prepared for clients in the last year. This number is lower than the previous year reflecting the drop in asylum applications and appeals.

EMOTIONAL SUPPORT

By far the main and most time consuming form of psychological support is the everyday one-to-one emotional support that has been at the heart of Cois Tine’s work since its foundation. In 2011 a large proportion of the Directors time was taken up in this task and with the follow-up work such contact requires, i.e. contacting other agencies, writing references, arranging therapies and referral. While the number of new clients coming into Cois Tine has reduced repeat visits have increased.

Visits to Cois Tine are often concerned with issues of loss and loneliness. Anxiety and stress related to the uncertainty of the often very lengthy asylum process and living conditions in direct provision, along with isolation resulting from restrictions on access to education and enforced long-term unemployment aggravate mental health problems. The year has also seen an increase in issues such as homelessness, domestic violence, and delays in emergency social welfare cases.

Assistance rendered took the form of one-to-one contact, listening, reflection, counselling and signposting to specialist organisations. Prayer was also offered and shared. There is also a

more general interest in spirituality among clients which gives rise to discussions around faith matters and traditional practices and values.

Some of the presenting issues encountered in 2011 are in Table 1 below while Table 2 outlines the Pastoral interventions.

Table 1: Presenting issues	Table 2: Pastoral Interventions
Faith related issues	Empathic Listening, Presence
Anticipated homelessness	Encouragement and Empowerment
Anxiety, despair, loneliness	Prayer, Spiritual Support
Anger, Frustration	Emotional enabling
Grief and loss	Counselling
Family issues including family reunification	Encouraging the expression of feelings
Crisis Intervention and conflict resolution	Alternative therapies
Religious differences	Addressing family issues /conflicts
Employment	Comfort and consoling
Communication issues	An openness to clients beliefs/feelings
Need for Information	Hope building and decision making
Mental health issues	Alternative: music, massage, gym, art
Welfare appeals	Bereavement support
Addiction	Cultural brokering
Need for training and education	Referring to relevant agencies
Companionship	Advocacy
Need for respectful care	Celebration
Fear of deportation	Religious
Transfers (Direct provision)	Respect
Allowance problems (Direct Provision)	Communication
Support of letter writing	Prayer rituals
Court appearances	Home visitation

Spiritual

Beyond the spiritual element often present in the one-to-one support already described above prayer and spirituality are also present in other areas of Cois Tine’s work and are in fact an inherent part of that work. This is true during home and hospital visitation and during outreach to Accommodation Centres.

Faith and religion have also been frequent informal topics of discussion during Community Building lunches and during meetings of groups such as the Cois Tine Men’s Group. These have been occasions when people of different faiths have gained an understanding and a respect for the faith of other.

Another form of spirituality, albeit an esoteric one, has also touched Cois Tine during the year. There have been discussions on witchcraft in the context of the research carried out on this

topic (see below) and a tacit admission that it does affect the lives of many of our service users. In addition to the one-to-one engagement that Fr Angelo Lafferty has on the level of spiritual support the presence and engagement of Fr John Horgan SMA and of Sr Enda O'Donovan with clients have also been occasions when spiritual issues have been raised.

Home blessings, hospital visitation, the blessing of the sick and of children have been occasions for spiritual care and expression of faith. In the coming year we plan to expand this kind of encounter through the development of a series of "Blessings" for various occasions.

Through the Spiritual, Psychological and Social services outlined above Cois Tine provided a pastoral support aimed at helping immigrants as they begin their lives in Ireland.

OTHER AREAS OF WORK

MUSLIM CHRISTIAN DIALOGUE

Following on from previous work aimed at raising awareness of the Church's teaching and attitude to Muslims and Dialogue with them the Justice Office is at present engaged in a two year project part funded by the European Union's Integration Fund. This is aimed at promoting respect, interaction, and cooperation between Muslims and Christians in Ireland especially on the everyday level or what Church documents refer to as the "Dialogue of Life". In 2011 five events took place – three in Cois Tine, one as part of a Counselling skills course, the second as part of staff training and the third as one session of the Intercultural Course run by Cois Tine during 2011. The fourth event was a Seminar run in Wilton Parish Centre last June. With the help of the Cork and Ross Pastoral Development Office representatives from Parishes around Cork City were informed and also participated. This was a particularly successful event with over forty participants, eleven of whom were Muslims including the two Imams from the Mosques here in Cork. A follow up event (the fifth) with a smaller attendance was also organized. These yielded some very good ideas and established links with the local Muslim Community.

Another outcome of the Wilton event was the setting up of the Muslim Christian Dialogue Project Steering group. This includes representatives from the Church of Ireland and Catholic Churches as well as representatives from the Muslim community.

We plan to run another three events in 2012 and also to publish a resource aimed at promoting contact, interaction and cooperation between Muslims and Christians in local communities.

RESEARCH

In addition to the research for Website articles and for policy development 2011 saw research taking place in two specific areas. Throughout the year a great amount of work was done on the topics of Human Trafficking and Witchcraft. Work in these areas is now well advanced and will be published in 2012.

This research has already had a practical application as both topics were included in the Intercultural Training Programme described above. The trafficking research has also led to six articles being published in local, national and UK papers and also to two radio interviews.

WOMENS PROGRAMMES

The development of Mná Cois Tine's as part of the long-term strategic plan as proposed in the 2010 report was not as successful as anticipated. This was in part due to difficulties being experienced by women in the asylum process which included failed asylum applications, transport problems, childcare issues and morale issues. Meetings were held bi-weekly up until June and two local social events were held. During the summer, women from Mná Cois Tine participated in other Cois Tine run programmes as well as in the arts programme run by Mayfield Arts Center and the Borders, Bridges and Bridges programme facilitated by Nilmini Fernando who is at present studying for a PHD at UCC. The group still meets but not as frequently as in the past.



Through facilitation of Cork African Women's Group (CAWG) and having a Cois Tine staff member present at all meetings much was achieved in the area of group development. Structures for meetings and the dissemination of information were set up. A Logo and a new brochure were created and a social networking internet page set up. The group also registered as a non-profit organization. In addition a bank account was opened and Tax Clearance Certificate applied for. This group has done all it can to establish and help itself. However, securing funding continues to be a major problem. CAWG will be applying for state/private funding in 2012.



COIS TINE MEN'S GROUP

2011 saw the expansion of the Cois Tine Men's Group. Essentially it is a support group where discussion and listening on life matters takes place. Consisting of around 20 people and meeting once a week, the group offers a supportive environment where a wide range of issues are discussed in a safe and confidential space. Guest speakers have been invited and issues discussed to date include current affairs, family and relationship problems, sharing of personal life experiences, language, culture, employment, financial and health issues.

COMPUTER FACILITY

This is a very popular and busy facility. Cois Tine has a dedicated computer room with twelve computers which is used extensively by clients and provides them with the opportunity to develop IT skills as well as social networking, job search and contact with family. Another room with five computers is made available to volunteers and students who are in work placement with Cois Tine or for students who need access to computers with software necessary for their courses of study in CIT, St. John's College or the College of Commerce. We are fortunate to have the services of a volunteer with the skills to maintain and keep these computers working and virus free.

GARDENING PROJECT

Following on from discussions on the important topic of food and its quality the next logical step was the setting up of a small organic garden at the rear of Cois Tine premises. As well as

being able to use the food for community building meals participants enjoyed working outdoors and working together helped foster an easy-going community spirit. The project also lent itself to conversation around exchange on ideas on growing food from different cultural perspectives. The bulk of the learning is hands-on and practical experience in the garden.

In 2012 a German volunteer will continue this project by facilitating both a theoretical and practical training programme beginning in March to assist immigrants in growing their organic own foods. The new project will run over the growing year i.e. March to October.

ADMINISTRATION AND MAINTENANCE

Day to day administration and maintenance at Cois Tine is carried out by Community Employment Scheme Staff. This includes all cleaning and basic repairs. Reception duties, bookkeeping, correspondence, maintaining client records are also tasks undertaken by these staff. Other tasks such as Fundraising, Reporting, Annual Accounts and overseeing Cois Tine's accounts are the responsibility of Gerry Forde who now works mainly from the SMA Justice Office in Wilton, Cork.

CUSTOMER RELATIONSHIP MANAGEMENT (CRM)

Cois Tine is in the process of improving its computer based management systems. A free version of CRM software is being customised to Cois Tine's needs by a volunteer with expertise in this field. Our existing database, forms, standard letters etc. will be amalgamated into one networked system making it easier; it is hoped, for Cois Tine to manage its work. In addition to these technical developments that will help the organisation and management of Cois Tine effort has also gone into developing a manual of policies, procedures and guidelines aimed at developing consistent services as well as facilitating the induction of community employment staff and volunteers. We hope to complete this work by the end of June 2012.

COLLABORATIVE WORK

Cois Tine's policy of cooperating with voluntary, statutory and new community organisations continued during 2011. We have maintained close links with Cork City Partnership, NASC and the Community and Enterprise Department of Cork City Council. Together we have collaborated on a local integration project. We are in almost daily contact with NASC staff and refer clients to each other. We have also engaged in some joint events and activities during the year for example personnel interview boards, lunch time meetings and a joint Fundraising Event.

Another important area of collaboration is our participation in the updating of the Cork City Integration Strategy. This will have long-term benefits for immigrants and is therefore an important area of work. A New Strategy should be published in 2012.

Cois Tine continues to participate in meetings of the Cork Integration Forum and also of the Irish Episcopal Council for Immigrants which meets in Maynooth. Both groups are concerned with inclusion, the former with integration into the local community and the latter in the Church.

We are also grateful for the collaborative support we have received from the two SMA Parishes in Blackrock and in Wilton that has allowed notices, information and appeals to be distributed. Staff in Wilton Parish Centre have been particularly helpful receiving items donated for our Charity Shop and also by facilitating some activities in the Centre..

MEDIA AND PUBLICATIONS

A presentation on the psychological and emotional impact of direct provision system was made at a conference organized by Ethical Development Action entitled *Lost Lives: Challenging Irish Asylum Systems*. Cois Tine was featured in a very positive light in the Secret Millionaire TV Programme and it also facilitated the filming and identifying of eight individuals who participated in the Kairos, Eye Witness series. During the year fifteen Newspaper articles, ten on Cois Tine in general and five with regard to Trafficking were published. In addition five Radio interviews were given following the Secret Millionaire and in association with our work on Human Trafficking.

COIS TINE PERSONNEL

COMMUNITY EMPLOYMENT PARTICIPANTS: Cois Tine is very fortunate to have good access to personnel from a number of sources. The first is through the FAS Community Employment Scheme. At present five community employment participants work at Cois Tine ensuring that Cois Tine's administration and activities run smoothly and also that our premises are kept safe and clean.

VOLUNTEERS: During the past year a total of forty-two volunteers of many nationalities helped Cois Tine and its clients by providing a wide range of relevant talents and skills. Some engaged in research work, acted as mentors, helped maintain our building and run our services. Others ran courses, welcomed visitors or provided counselling. We are most grateful to all of them.

PLACEMENT STUDENTS: Seven placement students from various institutes of learning also worked with us during the last year. These assisted staff members in various areas or else undertook specific areas of work or research that contributed to projects and programmes being run during the year.

RECOGNITION AND AWARDS

Last year as in previous years Cois Tine undertook a lot of work that made a difference to many people. Usually this just happened with little notoriety. This year it was a bit different as Cois Tine featured in RTE's the Secret Millionaire Programme. It also received recognition as runner up in the national Diverse Ireland Awards and two Certificates of Recognition, i.e. from AKIDWA a Dublin based African Women's Organisation and from the Sudanese Association of Cork. These were given for Cois Tine's "support" and for "dedication to promoting equality and Justice for migrant women in Ireland." Most recently we were presented with the Nigerian Community of Cork's Non-Governmental Organisation of the Year Award for "being the most supportive organisation to its main and sub-communities." Out thanks to all who have acknowledged our work we appreciate this and are encouraged as a result.

Finances

Much to our surprise and against expectations 2011 was from a financial viewpoint a good year for Cois Tine. Cois Tine spent a total of €68,361 somewhat less than the €70,506 in the year previous. To meet this Cois Tine raised an overall income of €69,167 from a wide variety of sources. Income was made up of grants, donations and funds raised through the Cois Tine Charity Shop. A total of €24,006 was carried forward to 2012 about half of this amount is already allocated to on-going projects. *See accounts on next page.*

COIS TINE					
EXPENDITURE			BUDGET	ACTUAL	BUDGET
			2011	2011	2012
1. Bank Charges			60	53	60
2. Insurance			500	411	500
3. Equipment			2,000	3,468	3,000
4. Housekeeping /Hospitality			3,500	2,887	3,500
5. Building Maintenance			4,000	2,105	3,000
6. Office Costs			5,000	2,905	3,000
7. Publications			700	203	300
8. Training (for Service Users)			12,000	12,238	15,000
9. Staff/Volunteer Expenses			6,000	4,448	5,000
10. Staff/Volunteer Training			1,500	1,374	1,500
11. Utilities			1,800	3,983	4,000
12. Events/Activities Services			12,000	12,035	14,000
13. Research/Book					5,000
14. Charity Shop			20,000	22,251	6,500
Total			69,060	68,361	64,360
	BALANCE SHEET				
	Balance at start of year €23,200				
	+ Income during the year €69,167				
	- Expenditure €68,361				
	Balance end of year 2011 €24,006				

As can be seen in the accounts above Cois Tine's Budget for 2012 predicts a reduced expenditure of €64,000. This means that Cois Tine needs to raise €40,000 to cover expected costs in 2012. We hope that our now traditional funders will continue as they have in the past although we know that current economic difficulties are affecting everyone. We do know for a

fact that at least one of the funding sources we availed of in 2011 is now no longer available. Added to this is the fact that some income in 2011 came from unexpected donations, for example the €5,000 received from Nadim Sadek, the Secret Millionaire and also other individual donations making up about the same amount. These made all the difference in 2011. We cannot count on such income in 2012. Cois Tine therefore faces an uncertain year and an uncertain future. We will of course make every effort to cover our costs as we have done in the past.

ACKNOWLEDGEMENTS

During 2011 we received grants for specific pieces of work which were carried out in accordance with the grantors requirements. We also received donations from individuals, from the Diocese and Cork & Ross and also the Little Way Association for which we are most grateful. We are also in a very special way grateful to the Dominican Community at Popes Quay who provide our premises rent free.

Our sincere thanks to all who have supported the work of Cois Tine during the last year. Below is a list of major contributors who provided support in kind or financially.

Health Services Executive

Cork City Council

The Diocese of Cork and Ross

The Little Way Association

Cork City Partnership

The Society of African Missions

Mr Nadim Sadek

Douglas Parish

The Dominicans, Cork

The Franciscans, Cork

The Presentation Sisters

Our Lady of Apostles Sisters

The Community Employment Scheme

The Community Foundation of Ireland

Appendix 1

Social trips and events during 2011
1. New Year Party
2. Student work placement farewell events (X 2)
3. Visit of SMA Superior General to Cois Tine
4. Cork Volunteer Fair
5. Kinsale trip – women and children from Ashbourne Accommodation Centre
6. Gougan Barra – Mens trip
7. Cork African Womens Group – programme graduation celebration.
8. I witness programme X 8 (Kairos) – media
9. Yard sale – Wilton
10. Community building lunches X 27
11. Secret Millionaire Programme – four days of filming
12. Music Sessions social X 3
13. Filming for Cois Tine DVD – work in progress
14. Common Purpose site visit
15. EU network site visit twinned towns - Migration & integration
16. Farewell events for community employment personnel (x 2)
17. World Refugee Day - public event in City Centre
18. Christmas Wind-down event
19. Blackrock Parish – Justice and Peace – our faith in action
20. Blackrock Parish Liturgy – Journey of Hope
21. Staff outing to Bunratty
22. Winetasting/fundraising (with NASC)

Appendix 2

Groups Facilitated at Cois Tine during 2011 - ongoing
23. Nigeria Community Cork (Ongoing)
24. Kenyan Association (Ongoing)
25. Anambra Association (Ongoing)
26. Cois Tine Men's Group ((Ongoing)
27. EDA – Ethical Development Action (Ongoing)
28. Igbo Union (ongoing)
29. Cork African Women's Group (Ongoing)
30. Mna Cois Tine (under reorganisation)

Groups Facilitated at Cois Tine during 2011
1. Cork Domestic Violence Network
2. Amnesty International Cork Chapter
3. Cork Integration Strategy Steering Group
4. Trociare
5. Lifelong Learning Festival
6. Mná Feasa
7. National Youth Council
8. Yoruba Progressive Association (up until June 2011)
9. Amnesty
10. Akidwa
11. Together – Mothers and toddlers programme (Polish Organisation – Finished Sept.)
12. Mayfield Arts Centre
13. Common Purpose (site visit)

Appendix 3

Training Programmes facilitated, delivered and attended during 2011

1. Workshop on Women's Health Issues	Run By Akidwa
2. EDA training sessions	Issues of Justice and Peace
3. Drumming Workshop	10 weekly sessions
4. Art Course	Cork African Women's Group and Mayfield Arts X 6 weeks
5. Intercultural Training Programme	9 X 3hour sessions for service providers and people working with immigrants.
6. Building Identity in a Multicultural society Phase One	August – Sept. Four training days and three workshops.
7. Building Identity in a Multicultural society Phase Two	8 Saturday morning sessions
8. Fire safety Training	5 hours
9. Borders, Barriers and Bridges Drama Course	Facilitated by Nilimini Fernando as part of on-going research
10. Basic Computer Training	1 day course Run by Camara
11. Mathematics Course	Run over six weeks
12. Photography Course	1 day
13. Web design Course	1 day
14. Social Policy Course	4 day
15. Manual Handling Course	1 day
16. Designing a webpage	1 day
17. Confidentiality and boundaries	1 day
18. Child safeguarding	4 week

Appendix 4

INTERCULTURAL TRAINING PROGRAMME – Topics

Ireland, Asylum Seekers, People & Process

This module gives an overview of the system used to process asylum applications in Ireland, its social, psychological and legal aspects. Delivered by Fiona Hurley, Legal Information Officer, NASC and Gerry Forde, Cois Tine.

1. Witchcraft and African Traditional Beliefs and Practices in the Irish Context.

Putting African witchcraft beliefs and practices into context with the Irish and European histories of witchcraft it is hoped to provide a sense of common Ground, where something first perceived as 'foreign' or 'backward' becomes More 'familiar'. Delivered by Dr. Jennifer K. DeWan, Ph.D. in Anthropology.

2. Overview of Islam & Muslims in Ireland

This module provides a brief overview of Islam placed in the context of how Islam is perceived in the Non-Muslim World. Delivered by Gerry Forde with input from a Muslim academic Mr Faris Badawi.

3. Human trafficking - a problem in Ireland?

This presentation explored what it means to be the victim of human trafficking. Delivered by David Lohan who has background in politics from UCC and has been researching the issue of trafficking both at a National and Global level.

4. Integration - a luxury or a necessity?

Exploring voices that influence National Integration Policy and Practice information, rights, advice and advocacy for immigrants in respect of their rights and entitlements. Facilitated by Kathy O'Connor, SW Outreach and Development Officer at Integrating Ireland

6. Health, Well-Being and Care

Social Policy and Social Inclusion. Delivered by Michael Blaney who is currently involved in a research project at DCC in the Department of Applied Social Studies

7. Gender: "Joining the Dots"

Bringing "theory" and policy into practice by deepening understanding of how gender dynamics play out in reality? Facilitated by Nilmini Fernando (BscOT, MA Women's Studies) is a Sri Lankan born academic/activist. Her current PhD studies look at how immigrant and asylum seeking women (and men) in Cork work towards forming new identities in terms of gender, culture and nationality.

8. Racism

An introduction to racism - history, politics and associated problems in Irish Society. Delivered by Nilmini Fernando (BscOT, MA Women's Studies).

9. Mental Health Issues - a challenge to Integration?

Introduction to issues of culture and mental health: facilitated by Dr. Pat Bracken, Consultant Psychiatrist and Clinical Director, West Cork Mental Health Service.